

# A Super 1, super difference



## How Super 1's is making a difference in Somerset

- It is the first activity that we have managed to get him to as his anxiety has always got in the way of trying new things.
- Many thanks to you and all the coaches who have managed to get A into a team sport for the first time in his life.
- The main thing for C is the welcome he received from the coaches and how the practices and games are differentiated in making them fun and accessible for all
- May I take this opportunity of highly commending The Super 1 staff for their encouragement , enthusiasm and patience.
- The enthusiasm of the group has also helped with their social skills and friendships are forming with meetings outside of school and the cricket sessions
- Usually he is very quick to give up if he cannot do something after a couple of attempts, but with the encouragement from the coaches and the other young people and parents he keeps trying. This is the first time that his mum has been able to sit and watch on the side line with the other parents
- M loves going to the Super 1's Cricket Club every week. There is a nice group of youngsters of a similar age, with plenty of patient and supportive helpers. The group leaders are fantastic with the young people and make them feel a valued member of the team, whatever their ability. They take the time for everyone to have a turn no matter how long this takes and for them to feel successful.
- The pace and content of the sessions is excellent. It is totally inclusive, with every person taking part at all times. It is amazing that with so many people at the sessions the coaches always have every player doing something. It is fun and engaging which is a main reason it suits H and he is keen to be there every session.
- T had a fantastic night last night, and was front and centre at the end, he's really starting to settle and come out of his shell, which is brilliant - I knew after a few weeks he would!